



Sail Training Registration Catalog 2018

Hello Sailors and Families!

The Sail Training Program (STP) is ready for a safe and fun season of sailing on Narragansett Bay!

As we did last year, there will be an early registration on February 12th for those sailors that elect all four sessions. This will ensure those sailors a spot in all sessions. Approximately two weeks later, on March 5th, registration will open for all other sailors, and classes will be filled on a "first come, first served" basis. An added feature this year is that upon registration, you will automatically be notified if your sailor(s) are enrolled in the class you selected.

The session dates are:

- June 25th to July 6th
- July 9th to July 20st
- July 23rd to August 3rd
- August 6th to August 17th

The traditional orientation night for sailors will be held June 21st and will be an opportunity to pick up your 2018 STP t-shirt, meet new instructors, welcome back returning instructors, and ask any questions that you may have. We encourage all families to attend. New families will have the opportunity to take a launch ride out to the sailing area and to view the boats that will be used for the summer.

This catalog provides all the information you need to register your children for STP, but there is much more information concerning STP policies, procedures, and expectations in the **STP Program Handbook** available on the BYC website.

The mission of Barrington Yacht Club's Sail Training Program is to provide quality instruction to members of all ages that will broaden their knowledge and love of sailing, either on the race course or cruising, that will last them a lifetime.

I look forward to a great season of STP!

Oliver Tutt
STP Chair
stp@barringtonyc.com

2018 Program at a Glance.....

You are ready for Snappers if...

- You have finished Kindergarten or will be 6 years old by September 1, 2018, and you want to try sailing!

You are ready for Sharks if...

- You are 7 or older with some or no sailing experience or still want to sail with other kids.

You are ready for Beginner...

- You are 8 or older with some or no sailing experience, and you are ready to try sailing an Opti.

You are ready for Intermediate if...

- You are 9 or older with some Opti sailing experience, and you already feel comfortable sailing an Opti by yourself **AND**
- You have successfully mastered all the principals offered in the Beginner 2 or previously offered Opti Beginner class and have an instructor's recommendation

You are ready for Advanced/Opti Green Team if...

- You are 9 or older and you feel very comfortable sailing by yourself, and now you want to build racing skills and compete in Green Fleet regattas **AND**
- You are ready to commit to 2 sessions of sailing instruction (4 weeks) in order to build your Opti racing skills and compete in Green Fleet regattas (Preferred for this class).

You are ready for Fundamentals if...

- You are 12 or older with a lot of Opti experience, and now you wish to try sailing a new boat — maybe even try racing **OR**
- You are 12 or older with no sailing experience, and you would like to learn how to sail, but you are way too big for one of those little Optimists.

You are ready for Corinthian if...

- You are 12 or older and have successfully mastered all the principals offered in Fundamentals or previously offered 420 Fundamentals and prefer not to race.

You are ready for the Opti Race Team if...

- You are 9 or older, and you want to spend your entire summer building your Opti racing skills in a competitive and challenging environment.

You are ready for the 420 Race Team if...

- You are 12 or older and have experience sailing 420s, and you wish to spend your entire summer building your 420 racing skills in a competitive and challenging environment.

Sharks and Snappers Program



The Sharks and Snappers classes are taught in the RS Vision sailboats. The RS Vision is a stable 15 ft. centerboard sloop that provides a secure learn-to-sail platform for our youngest students. The Vision can be sailed by a crew as few as 2 experienced adult sailors, or a group of as many as 5 or 6 children and adults. BYC has a fleet of 6 RS Visions for use in the Snappers and Sharks classes. The goal of this Program is to provide students with a positive introduction to the sport of sailing and familiarize students with BYC and STP rules, procedures, and traditions.

CLASS: 'Snappers'

Ages: 5 and completed Kindergarten or 6 years old by the eligibility date

Primary Boats Used: RS Vision

Student/Instructor Ratio: Maximum of 5:1. Students will always be accompanied by instructor in the boat when sailing Visions in the Snappers class.

Prerequisites: No experience necessary — new sailors welcome. Also appropriate for students with one previous Summer of experience in the Snappers class.

Sessions Offered: Four 2-week sessions, 1/2 day morning only (9:00 am - 12:00 pm).

Description: The focus of the Snappers class is to expose our youngest students to the sport of sailing in a safe, secure and fun environment. A highlight of the Snappers class may include a weekly theme day, during which students dressed up as pirates, ninjas, and superheroes while testing their sailing knowledge with theme-related treasure hunts

and on-the-water activities. Students completing one or two years of the Snappers class will be ready for Opti Beginner or Sharks.

Sample Skills Covered in Snappers:

- Parts of the Boat and Basic Sailing Nomenclature
- Basic Knots
- Preparing and Rigging the Boat
- Steering with a Tiller
- Recognizing Wind and Current Direction
- Sailing Safety and Awareness

CLASS: 'Sharks'

Age: 7+

Primary Boats Used: RS Vision

Student/Instructor Ratio: Maximum of 5:1. At the start of each session, students will be accompanied by instructor in the boat when sailing Visions in the Sharks class. As skills improve, students will be encouraged to perform tasks aboard the boat independently, with minimal assistance from the instructor.

Prerequisites: No experience necessary — new sailors welcome. Also appropriate for students with as much as one or two seasons of previous experience in the Snappers class, or one season in the Sharks class. Or students who still prefer to sail with others.

Sessions Offered: Four 2-week sessions, 1/2-day morning only (9:00 am - 12:00 pm). **If there are more than 15 sailors registered, then Sharks will be held as a half day afternoon class (1:00 pm-4:00 pm).**

Description: The Sharks class provides an opportunity for slightly older students to build on-the-water confidence and gain exposure to fundamentals of sailing in a fun and comfortable team environment. This class is perfect for slightly older beginning sailors, and also for those who prefer the team environment of the Visions over the singlehanded Optimist. The curriculum will build upon that of the Snappers program, but the Sharks curriculum will encourage students to perform tasks independently, without the assistance of the instructor.

Sample Skills Covered in Sharks:

- Sailing Upwind and Downwind
- Anchoring and Mooring
- Sailing Around a Race Course
- Sailing Safety and Awareness



Educational Days

For the past several seasons, the Sharks and Snappers classes collaborated with educational programs for presentations featuring real live sea critters from Narragansett Bay and a watershed model simulating the effects of pollution on the local environment. This year we will continue this collaboration by featuring educational days throughout the summer.

The prices of the educational days are built into the fees for Sharks and Snappers enrolled in each session, but we encourage participation to students from other sessions and students not registered in STP. We are currently in the process of scheduling the presenters and we will release a schedule and information as soon as possible.

General Sailing Program

The following classes are designed to teach general sailing and seamanship skills. Some classes do not have a specific focus on racing, while others are specifically geared towards preparing students for the weekly Mugwumps Junior Racing Series and the STP Race Team. Completion of the general sailing program will provide interested students with the skills to become lifetime sailors.

POLICY: Minimum Registration

In order to make the Program sustainable, we require a minimum enrollment in each of our classes (including the Opti & 420 race teams). If we do not receive a sufficient number of registrations for a particular class, the class will not be offered and sailors will be provided the alternative of participating in another class or session. We hope that we will be able to offer all our classes this year, but please be aware that your class placement is not final until we receive a sufficient number of registrations.

POLICY: Non-Junior Member Lunchtime Policy

Students who are not yet Junior Members are allowed to register for morning/afternoon programs, but parents must make arrangements for lunchtime supervision. A full morning and afternoon of sailing can be overwhelming for young students, so we recommend these programs only for non-Junior Members with previous experience in STP who are confident that this choice is for them.

CLASS: Opti Beginner

Age: 8+

Boats Used: BYC Club Optimist Dinghies, stored on the downriver floating dock.

Student/Instructor Ratio: Maximum of 7:1.

Prerequisites: No experience necessary — new sailors welcome. Also appropriate for students with previous one or two years of experience in the Sharks and Snappers program. Students may begin each session sailing with two students per boat, but should expect to be singlehanded sailing by the end of the session.

Sessions Offered: Four 2-week sessions, Morning and Afternoon (9:00 am - 12:00 pm, 1:00 pm - 4:00 pm).

Description: The goal of the Opti Beginner program is to introduce students to the basics of sailing aboard the Optimist. The final goal of the Opti Beginner class is to have all students sailing singlehanded — that is, with only one student per boat. BYC has enough Optimists available for all Beginner students to rig their own boat. Beginner students will use the downriver Opti float as a comfortable home base — this also reduces the need for Beginner students to participate in towlines through the harbor. Opti Beginner students must master the Opti Beginner “Star Chart” before moving on to Opti Intermediate. Typically, students who complete one or two years of Opti Beginner may be ready to move on to Opti Intermediate.

Sample Skills Covered in Opti Beginner:

- Sailing Upwind and Downwind
- Upwind Dock Landings

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- Sailing Nomenclature & Parts of the Boat
- Tacking and Gybing
- Capsize recovery
- Sail trim
- Safety Position

CLASS: Intermediate

Age: 9+

Primary Boats Used: BYC Club Optimist Dinghies, stored on the Opti racks at the club.

Student/Instructor Ratio: Maximum of 8:1.

Prerequisites: Prior Beginner 1 and 2 or previously offered Opti Beginner participants must have the recommendation of their instructor. Students usually have one or two years of experience in the Beginner class or the equivalent. Students in the Intermediate class should already be comfortable sailing an Optimist with one sailor per boat.

Sessions Offered: Four 2-week sessions, Morning and Afternoon (9:00 am - 12:00 pm, 1:00 pm - 4:00 pm).

Description: The Intermediate class is designed for sailors age 9 and older, who are ready to learn and practice fundamental sailing skills while gaining greater confidence skippering an Opti alone. This class will be taught in Optimists with one student per boat. The goal is to teach each sailor how to confidently control the tiller and sail simultaneously in order to handle an Opti alone in a variety of conditions. Interested students will be encouraged to participate in the Opti Green Fleet at the BYC Mugwumps Junior Racing Series (a fun, non-competitive and instructional introduction to racing designed to give the newest sailors a positive racing experience).

Sample Skills Taught:

- Sailing Nomenclature
- Rig & Derig independently
- Knot-tying
- Water Safety and Awareness
- Upwind and Downwind Boathandling
- Sailing Around a Race Course
- Racing Starts
- Basic Right of Way Rules

CLASS: Advanced/Opti Green Team

Age: 9+

Primary Boats Used: BYC Club Optimist Dinghies, stored on the Opti racks at the club.

Student/Instructor Ratio: Maximum of 8:1.

Prerequisites: Students usually have at least one or two years of experience in Beginner / Intermediate and the recommendation of their instructor. Students should feel very comfortable in their Opti in a wide range of conditions.

Sessions Offered: Four 2-week sessions, Morning and Afternoon (9:00 am - 12:00 pm, 1:00 pm - 4:00 pm). **Sailors in Advanced/Opti Green Team are encouraged to sign up for 2 sessions of sailing (4 weeks total). This is preferred but not a requirement.**

Description: Advanced is a class targeted at students who would like to build advanced sailing skills such as racing but are not ready to commit to an 8 week summer in the Racing Program. The Advanced class is designed for sailors age 9 and older, who are ready to learn and practice advanced sailing skills and build the confidence to participate in the Opti Race Team. This class will be taught in BYC Optimists with one student per boat. Advanced will frequently practice alongside the Opti Race Team. Interested students will be encouraged to participate in the Mugwumps Junior Racing Series as well as Green Fleet at NBYA events.

Skills Taught:

- Upwind sailing & hiking
- Rigging and trimming for speed
- Racing rules
- Racing Starts
- Regatta Preparation

* SPECIAL NOTE REGARDING ADVANCED/GREEN FLEET * Students enrolled in this class are expected and encouraged to participate in Opti Green Fleet at NBYA Junior Race Week. BYC will provide coaching support and coordinate the transportation of boats and equipment to and from the regatta site, although parents will be responsible for transporting students to and from the regatta site. Students should not enroll in session 3 unless they plan on participating in NBYA Junior Race Week because there will be no alternative opportunity for sailing at home at BYC during those days. The tuition fee for session 3 will include use of a BYC Opti during Race Week and coaching support at the regatta, but it will *not* include the regatta registration fee. This year NBYA Junior Race Week dates have not been finalized as of publication. More information about NBYA Race Week is available at: www.nbya.org

CLASS: Fundamentals

Age: 12+

Primary Boats Used: BYC Club 420s

Student/Instructor Ratio: 12:1

Prerequisites: The Fundamentals class is appropriate for three groups of sailors:

- Experienced sailors who are new to 420s
- Experienced 420 sailors who would like to race, but are not yet ready for the 420 Race Team.
- Older students who are new to sailing, but too big for an Optimist.

Sessions Offered: Four 2-week sessions, Morning and Afternoon (9:00 am - 12:00 pm, 1:00 pm - 4:00 pm).

Description: This class is designed to prepare students with the fundamental skills and knowledge to begin their 420 career. Students will receive more specific instruction on topics such as boathandling, rigging, sail trim, and racing than is available in the Corinthian class. The intent of this class is to prepare students for the 420 Race Team or Corinthian. Students will be encouraged to participate in the weekly Mugwumps Junior Racing Series.

Skills Taught:

- Seamanship

- Skipper and Crew Teamwork
- Introduction to the Trapeze and Spinnaker
- Sail Trim and Controls Aboard a Sloop
- Introduction to Fleet and Team Racing principles and practice

PROGRAM: Corinthian

Age: 12+

Primary Boats Used: BYC Club 420s and RS Visions

Student/Instructor Ratio: 12:1

Prerequisites: You are 12 or older and have successfully mastered all the principals offered in Fundamentals and are more interested in cruising than racing.

Sessions Offered: Four 2-week sessions, Morning and Afternoon (9:00 am - 12:00 pm, 1:00 pm - 4:00 pm).

Description: The Corinthian class will primarily emphasize non-racing topics and activities such as destination cruising and seamanship. The curriculum reinforces all basic skills taught in Beginner and Intermediate classes. Recreational sailing and seamanship will be the primary focus of this group, but some basic racing skills may be introduced. Students will learn how to sail a double-handed dinghy and will alternate skipper and crew assignments so that all students learn how to perform all the tasks aboard the boat. All participants will rotate with new sailing partners throughout the session.

Skills Taught:

- Seamanship
- Skipper and Crew Teamwork
- Sail Trim and Controls Aboard a Sloop

Racing Program

The STP Racing Program provides a team environment for the most advanced sailors to build their sailing skills and provide support for competition in NBYA regattas. Students enrolling for either the 420 or the Optimist Racing teams are expected to commit to an entire summer worth of sailing. A full summer commitment is essential in order to foster continuous long-term improvement. Both teams will compete in NBYA events, and the 420 team will have a particular emphasis on team racing events.

POLICY: Bring Your Own BOAT “BYOB” Policy for Opti Race:

Students in the Opti Race program must supply their own Optimist and rigging for use in daily instruction and regattas. This policy is consistent with the practices of many clubs and sailing schools in the region and has been successfully instituted during recent years at BYC. The “BYO boat” policy has led to an increased respect and accountability for the fleet amongst students. Also, racers have been much more successful experimenting with fine-tuning adjustments to their rigging when they maintain the same equipment over the course of the season. Students may store their boat on a dolly in the designated portion of the BYC parking lot or on a rack on the dock.

What is Team Racing?

This season the 420 Race Team will be heavily focused on team racing. Team racing is a competition format prevalent in interscholastic high school and college sailing, and which is recently emerging in international competition. In double-handed team racing, two teams of 3 boats (6 sailors) each compete against each other in the same race. At the finish, points are awarded to finishing boats based on their overall position (1 for first, 2 for second, 3 for third, and so on) just as in traditional fleet racing. However, instead of keeping a tally of a cumulative point total and recognizing the individual low scorer after a series of multiple races, a “win” is awarded to the team with the fewest total points after each race. The winning team at the end of the racing series is the one with the best win/loss record. No individual honors are awarded.

Team racing is exciting because it rewards fast-paced boat-handling skills and those with a quick and ready knowledge of racing rules. Team racing often employs non-traditional courses such as variations of “N” shaped courses and other shapes featuring starboard mark roundings, frequent opportunities for boats to meet, and separate start and finish lines. Team racing is an effective way of including sailors of all ability levels in competition. It demands team and individual performance, so sailors work together using tactics such as “mark traps” or “covering” if a single member falls behind. Team racing is also made more accessible by the fact that spinnakers and trapezes are not permitted.

The 420 race team may compete in informal 3 vs. 3 team racing with other clubs around Narragansett Bay on a weekly basis, and also devote considerable class time to team racing drills. The Optimist Race team will also be spending some time with team racing. Though it will not be a major focus, the Opti Race team will compete in a few 4 vs. 4 team races against other clubs, and devote enough class time to team racing to provide racers with a solid introduction to the basics of team racing.

PROGRAM: Opti Race Team

Age: 9+

Boats Used: Opti Racers must provide their own Optimist for class during the week and for regattas.

Prerequisites: Sailors must be sailing at a level sufficient to be able to participate in daily sailing drills, work with coaches to steadily improve their sailing skills and participate in NBYA Opti events.

Sessions Offered: One 8-week session, the full practice and regatta schedule will be published this spring and will be based around the NBYA Junior Regatta schedule. Sailors will participate in approximately four (4) days of regatta and/or practice per week.

Description: The Opti Race program is intended to refine the racing skills developed in the Opti Advanced class. Advanced racing skills and strategies will be taught and practiced including team racing rules and tactics. Students must have completed at least one year of Opti Advanced or have equivalent skills. Students will be encouraged to race outside BYC in both Team Racing and NBYA Racing events held weekly. Students will be expected to bring their own Optimist to class and races.

Skills Taught:

- Boat Preparation and Tuning
- On-the-Water Pre-start Preparation
- Starting Sequences and Strategies
- Advanced Boat Handling Skills
- Upwind and Downwind Tactics
- Understanding Wind Shifts and Effects of Current

PROGRAM: 420 Race Team

Age: 12+

Boats Used: BYC Club 420s

Prerequisites: 420 Corinthian, or equivalent experience in 420s.

Sessions Offered: One 8-week session, the full practice and regatta schedule will be published this spring and will be based around the NBYA Junior Regatta schedule. Sailors will participate in approximately four (4) days of regatta and/or practice per week, and may be provided with the opportunity to participate in the IT program during their day off, if interested.

Description: The 420 race program will provide students with the opportunity train for and attend NBYA fleet race events and participate in informal team-race events against neighboring NBYA clubs.

Instructor-in-Training Program

This year we are continuing a more structured opportunity for older, experienced STP participants to build leadership skills and instructor experience, while giving back and serving as role models in the program in which they have participated for many years. Instructors-in-training will each be assigned to a mentor senior instructor with whom they will work for the entire season. The IT experience is intended to be mutually beneficial to both STP and the participant, and it is not intended to be babysitting service stationed on the launch or aboard the Opti Dock. Some tasks assigned to ITs might include teaching a sample lesson, working one-on-one with a struggling sailor, and observing and assisting the senior instructor with settings marks and running drills. This is a volunteer position and there is no cost to register, and ITs will be provided with a uniform T-shirt and free lunch at the snack shack during IT days.

Age: 14-17

Eligibility: The IT program is intended to be a supplement, not a replacement, for sailing instruction. In order to be eligible for the IT program, you *must* be registered in at least one session of STP. IT candidates should be mature, eager, hard-working individuals with substantial sailing experience. Opti Race team participants under 14 years old are welcome to participate and are exempt from the minimum age requirement for the IT program.

Sessions Offered: ITs must be willing to make a commitment of one day per week for all eight weeks as well as attend an orientation session on an afternoon/evening.

How to Register: If you are interested in becoming an IT please express your interest to the STP committee at STP@barringtonyc.com

Registration Information

STP enrollment will be offered exclusively online through our website (<http://www.barringtonyc.com/stp/>)

Registration Eligibility

- **February 12th** – 5:00 pm - Registration opens for season long sailors (those sailors that will be registering for all four sessions).
- **March 5th** – 5:00 pm - Registration opens to BYC membership for those sailors not registering for all four sessions. Registration is on a first come first serve basis and all members can register once it opens after 5:00 pm. **However members signing up for the full season will not receive priority unless they registered between February 12th and March 5th.**
- **March 26th** — Grandchild registrations will be processed on this date. Prior to this date BYC Jr. Members and Member Families will receive priority registration.
- **April 30th** — Late Registration deadline — A late fee of \$85 will be added to all registrations received after this date.

Upon submitting the necessary registration information, the system will automatically generate an email receipt confirming that your registration has been *received*. All registrations are processed based on the order in which they are received by our electronic registration system. Please note that your registration is not yet final at this stage. This email receipt simply serves to inform you that your registration materials have been received, not processed.

As sign-ups come in, the Office Staff will place children in the specified classes on a first-come/first-served basis, with the exception of add-a-week requests which will be filled based on availability. Once a child has been placed in a class, the Office Staff will send the member a registration confirmation email (starting around the first week of April), confirming their placement/registration and will apply the \$200 deposit to the Member's account. In the case where we have too many requests for a specific class, limited enrollment in a class or a child is signed-up for a class not appropriate for the student's age or skill level, the Office Staff will contact the Member to inform them so they can select a different class/session or decide to go on a waitlist. Those who are placed on a waitlist WILL NOT be charged a deposit.

MOST IMPORTANTLY, it is the responsibility of each Member to confirm their child is registered for a particular class **PRIOR** to dropping their child off on the first day of class.

Eligibility:

- Age 5 up through age 18.
- Sailors who are over age 9 must be a BYC Junior Member (Or an eligible grandchild. Refer to Member Grandchild Participation Policy – available in the Log).
- Age requirements listed specify minimum age as of September 1st, of the year the session is being held. For Snappers, sailors must have finished kindergarten or be 6 years old by September 1, 2018,

Enrollment:

- Must be completed online on the BYC website.
- Registration is not completed and does **not** hold a space until the Office has placed your child in a particular class and **all** forms are complete/submitted.
- Students are encouraged to enroll in sessions with their friends but understand that we purposely rotate all sailors in our sessions to allow them the opportunity to make new friends and create more of a community environment.

To Register:

1. Complete all forms online:
 - Registration form
 - Waiver of Liability form
 - Statement of Understanding
 - Medical Consent Form
2. There is a \$200 deposit for each child registering. This will be billed to you when your child is placed in a class. No deposit will be charged for students on the waitlist.
3. Balance of fees are due by June 21st. Please see the refund policy below.
4. Registrations received after April 30th will have a \$85 additional late fee per child. There will be no late fee charged to students on the waitlist who registered prior to the late registration deadline but were placed in a class after the deadline. Also, there will be no late registration fee for students choosing the add-a-week option late at any point during the season.

Refund Policy:

Refunds will be granted **if and only if** a new student is able to fill the spot in the same class and session as the withdrawing student (i.e. the spot is able to be filled by a student on the waitlist). Be aware that there may be multiple withdrawing students waiting for a refund, and refunds will be granted in the order in which students withdrew. Please note that the \$200 deposit and \$85 late fee are both non-refundable. All disputes regarding fees and refunds may be appealed to the STP Committee Chairperson and/or the BYC Board of Governors. Please note that refunds may not be processed immediately and may not be payable until the end of the season.

Deposit Information:

The \$200 deposit is not an additional charge, but, rather, it will be deducted from the total balance of fees. For example, if the sum of total fees for a particular student is \$550, then the \$200 deposit will be billable upon registration, and the remaining \$350 will be due upon the first day of class.

Out-of-Area Grandchild Policy

Consistent with BYC by-laws, 'Out-of-Area' grandchildren of Members can participate in STP, but children of Members will take priority up to March 26th. Please be aware that in addition to the STP program fees, out-of-area grandchildren of Jr. Membership age will be charged an additional \$100 fee which will entitle them to register for STP as well as enjoy the benefits of Jr. Membership for the entire summer.

Add-A-Week Policy:

Students who are already enrolled in at least one 2-week session are welcome to extend their sailing experience by an additional week at a special rate. Choose the first week of any session or choose the second week of a session only if the sailor has completed the first week of a prior session — it is a disruption to the instructors and other sailors to have new students starting in the middle of a session. There is no late registration fee anytime for students enrolling in an add-a-week.

Full Summer Discount:

Students enrolled in a full summer of sailing in any of the classes will receive a discount off the total cost of registration as outlined in the cost sheet in the registration page.

Enrolling in multiple, consecutive sessions is the best way for students to get the most out of their sailing experience. A few days of severe weather causes students enrolled in only one session to lose a significant chunk of their total sailing time, but for students enrolled in multiple sessions, these effects tend to balance out. We acknowledge that committing to a full 8-weeks of sailing presents a significant burden of time and money for families, so STP offers a discount for students enrolling in a full season of sailing. The full summer discount is also intended to address the fact that full summer students will also occasionally miss a day or two for prior commitments such as a doctor's appointment or family vacation.

Planned Vacation/Absence:

Students enrolled for the full summer or multiple sessions who know in advance that they will not be attending for a week should notify the Program Director so that STP can plan staffing accordingly.

Private Boat Policy and Discount

A 10% discount on all registration charges is offered to all families who make the commitment to use a private boat at the time of registration.

Students in all classes regularly use BYC boats except for the Opti Race team. However, children of families who own private Optimists are welcome to use personal boats in the program. BYC owns a fleet of 28 Optimists, but in the busiest sessions STP utilizes every single Club boat. Therefore, if you elect to use a private boat during the registration process, we cannot guarantee that a BYC boat will be available if you have an equipment failure or other problem. BYC has dolly space available in the parking lot and limited rack space on the docks for private Optimist owners. Private boats used in STP must meet minimum safety requirements and be fully functioning. Private boats are used at the owners risk only. Finally, all private Optimists must be equipped with bow-

bumpers (including Opti Racers). All of the BYC Optimists have been equipped with bow-bumpers, and they have spared the fleet from considerable wear and tear as well as accident damage. Bow-bumpers on private and club boats prevent conflicts between owners of private boats and between the club and owners of private boats by preventing damage in minor collisions. If you are worried about a bow bumper affecting your boat's performance in choppy conditions, most models of bow-bumpers can be easily removed during regattas and reattached for STP.

Swim Check

Parents of all STP participants are responsible to make arrangements to have their children perform a swim check prior to the first day of the session. Returning students who have completed the swim check and participated in STP during a previous year do not have to retake the swim check.

The BYC STP Swim Check consists of the following procedure:

For Sailors 8 years old and older

1. Jump into the deep end of the pool.
2. Swim the length of the pool and back using any stroke.
3. Remove PFD while still in the water and not touching any walls. PFD used should be the same one the sailor intends to use for STP activities.
4. Tread water for one minute.
5. Put the PFD back on while still in the water and not touching any walls.

For Sailors under the age of 8 years old

1. Jump into the deep end of the pool with sailing shoes, and life jacket.
2. Swim the length of the pool and back with life jacket on.
3. Float comfortably in the water for one minute with lifejacket on.

Please contact the BYC office or the BYC pool staff for more information to schedule a swim check. The BYC pool will be open and lifeguards will be available to administer the swim check at least one week prior to the first session. For more details, please see the "swim check policy" on the STP website.

BYC Junior Racing - MUGWUMPS:

The **Mugwumps Juniors Race Series** is open to all sailors regardless of age or ability and there is no need to register at this time. The focus is on fun and learning. Sailors must be BYC members or qualified grandchildren but do not need to be enrolled in STP to participate. The series is held on Wednesday nights in Visions, Optis and 420s. A skippers meeting will be held prior to going out onto the water for the purpose of explaining courses and starting sequences, and to answer any questions the kids may have. This is a family activity and parents are encouraged to participate. The racing is free and dinner is available at a modest cost afterwards. Come out and be a MUGWUMP!