

WELCOME BARRINGTON YACHT CLUB POOLS 2018

Hours of Operation

Sunday	12 noon – 6:30pm
Mon, Tues, Thurs	10:00am – 7:30pm
Wed, Fri, Sat	10:00am – 6:30pm

Swimming Lessons

9 weeks, June 18th – August 17th, 2018

Beginner: 6 years & up	9:15am – 10:00 am
Pre-School: 3 – 5 years	11:15am – 11:45pm
Advanced: 6 years & up	10:15am – 11:00am
Beginner/Advanced	(Alternating Weeks) 1:05pm- 1:50pm

Adult Swim/Kids' Break, every 45 minutes past the hour to the top of the hour

SOME IMPORTANT HEALTH AND SAFETY RULES

- Members **MUST** check in when entering the pool.
- All members must register and provide payment for their guests upon entering the pool. Members must accompany their guests for their entire visit.
- Guest Fees: \$ 5.00 Per Day (18 and over)
 \$ 2.00 Per Day (under 18)
 No Charge (under 2 years)
 \$ 10.00 maximum per family/per day
- Members are expected to be aware of all pool rules. Any infractions of these rules will be reported to the Head Lifeguard and/or Club Manager for consideration and action.
- Food and Drink are to be consumed at tables or on the lawn only.
- No running, pushing, wrestling, ball playing, or causing disturbances in the pool area or on the lawn.
- No diapers are allowed in the pool or kiddie pool unless covered. Diaper changing is limited to bathrooms. **ABSOLUTELY NO DIAPER CHANGING ON LOUNGE CHAIRS, ON THE LAWN, OR IN THE SNACK AREA.**
- No changing children's clothes on the pool deck or lawn.
- No children are allowed to play in the bathroom or shower areas.

- **Nannies are prohibited from the pool, except to act as guardian during registered swim lessons.**

BYC SWIMMING LESSON COURSE DESCRIPTIONS

BEGINNER: This course is for the individuals six years of age and up who are comfortable supporting themselves in the water. The course teaches basic swimming skills, crawl stroke, and an awareness of safety in, on and around the water. The course also teaches the basics of treading water.

ADVANCED & STROKE IMPROVEMENT: This course is for the individual six years of age and up who has already passed their deep-end test: swimming 100 feet of crawl stroke and treading water on own for 1 min. This course can be a combination of Advanced Beginner to Intermediate or Swimmer level instruction. At these levels courses build upon one another and include such topics as safety skills, improving coordination, underwater swimming, basic rescue techniques, elementary backstroke, sidestroke, back crawl, diving, surface dives, and increasing endurance.

PRE-SCHOOL: This course is for children three to five years of age. Parents may observe from the deck. This course helps children become comfortable in the water as they develop a readiness to swim. Parents and instructors work together to help children adjust to water. Includes basic safety practices to help parents keep children safe in and around the water.

SPECIAL EVENTS:

Water Games (Family Day)

Swim Lessons will only be **THREE DAYS A WEEK** (Mondays, Wednesdays, and Fridays). **The amount of children allowed in each lesson will have a limit of 7**, this is the greatest number of children the instructor can take while still being able to work with each individual child and provide individual instruction to that child regarding strokes and other lessons.

